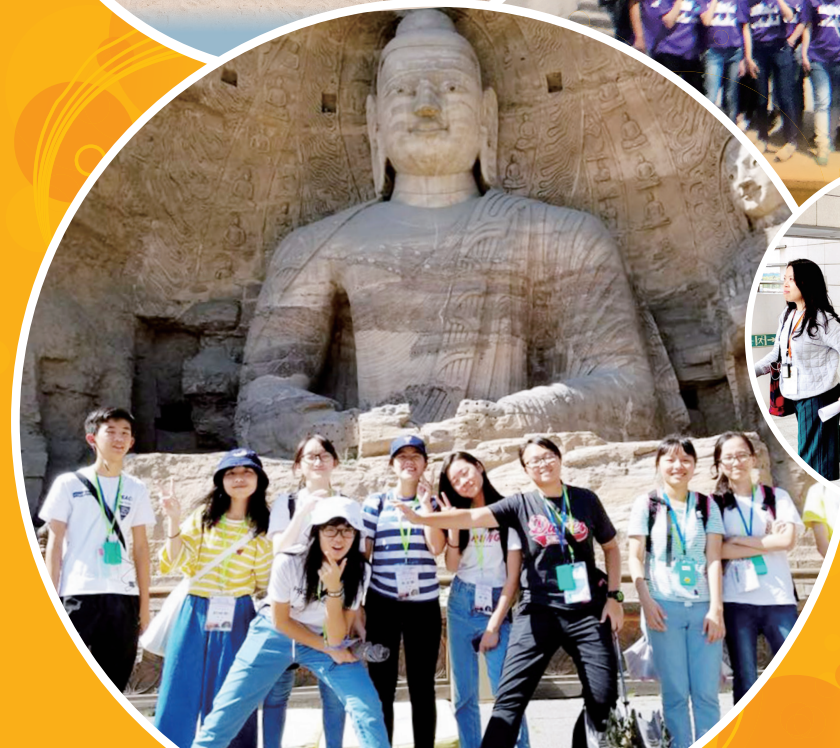




i-Horizon

SALEM-IMMANUEL LUTHERAN COLLEGE

NOVEMBER 2018
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PRINCIPAL'S MESSAGE

The publication of i-Horizon is to record and celebrate students' life wide learning achievement. In this school magazine, we witness students learning beyond limits. The lively experiential learning activities helped students to develop and sharpen their various generic skills. I always enjoy reading about students' experience and their valuable reflections. In this volume, the following sentences caught my attention:

- ♦ "This trip also deepened our **relationship**. I think working with a **team** is more important than working independently."
- ♦ "From this experience, I learned that a **team** must work together no matter what happens. You cannot just think only of yourself, but for the sake of everyone."
- ♦ "I did not just gain more historical knowledge, but I also learned how to communicate with my **teammates** who I did not know well before."

Some students prefer to work individually while others prefer teams. Both have advantages and disadvantages. My key concern is if students can learn and work both independently and in a team. Having companions to work, walk, play, and learn is fun and beneficial. I believe through teamwork, students can know more about themselves. By collaborating with others, they will identify their own strengths and weaknesses, for example, one may be a better leader than a listener, or one might be good at coming up with the 'big ideas' but not so good at putting them into actions. Through teamwork, students' self-understanding and self-awareness will be enhanced. Groups that work well together can achieve much more than individuals working on their own. Being part of a team will help students develop their language skills such as speaking and listening as well as team working skills such as leadership and collaboration.

I invite all ILCians learn to be good companions. Mutual support makes learning life more colourful and fruitful.

I have to thank my colleagues for their whole-hearted devotion in widening students' horizon by organising various activities, visits, and tours both inside and outside Hong Kong. Thank you for being students' good companions.

Last but not least, my appreciation goes to my beloved students and their openness and positive attitude towards learning. Their active participation contributes to the success of students' holistic development in ILC. Thank you.



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CROSS-BOUNDARY TOURS



The Maritime Museum in Melaka

MALAYSIA HISTORICAL AND CULTURAL EXPLORATION TOUR 馬來西亞歷史文化之旅

Dates: 22-25.3.2018

Venues: Melaka & Kuala Lumpur

Organising body: Arrow Travel Agency Ltd

Participants: 29 S.3 - S.5 students

Teachers involved: Ms Wan Suk Ling, Ms Lui Chiu Yee & Mr Wong Hiu Lung

Ms Wan Suk Ling

It was a fascinating trip for both students and teachers. We chose Malaysia as it bears quite a lot of similarities to Hong Kong, both being former British colonies, but they are different in terms of cultural integration and historical development.

We visited many historical places like the National Museum, Independent Square and Melaka Maritime Museum. Apart from historical knowledge, these places showed us the nationalistic feeling of Malaysians about their own country. Malaysia is also a showcase of cultural co-existence of Malays, Chinese, and Indians. All three ethnic groups live harmoniously and have developed very distinctive cultures there, as seen in the Baba & Nyonya Heritage Museum and the Jonker Street. With three racial groups, Malaysia witnesses the peaceful co-existence of different religions such as Islam, Christianity, and Buddhism. It was a wonderful visit to experience the calm religious atmosphere in the National Mosque.

As the first history overseas trip for ILC, it is very memorable to ILC teachers and students.



Cruise along the Melaka River



At Patrajaya, administration district

3C Fung Pui Ching

On this tour to Malaysia, I experienced and learned a lot. As a history and culture tour, we went to a lot of places which are meaningful and historic, such as Gereja Christ and Kota A Famosa. They are very beautiful and have stood in Melaka for a long time. I did not just gain more historical knowledge, but I also learned how to communicate with my teammates who I did not know well before as we did project work together for this tour. In short, it was a very memorable experience.

3C Lee Chi To

This trip is very meaningful because I learned much about the history of Malaysia. For example, the Malaysians were once ruled by Portugal. Later, Holland beat Portugal and ruled Malaysia. After the Second World War, the Malaysians said 'Merdeka' three times and Malaysia has become an independent country. 'Merdeka' is a Malay word, which means the Malaysians wanted to be independent. These days, the kings in Malaysia do not have any power but on their birthdays Malaysians enjoy extra holidays, but the tour guide said Malaysia develops very slowly because there are too many holidays! From this trip, I understood much about the political, economic, and social conditions of Malaysia during the Second World War.



The National Mosque in Kuala Lumpur



Special costume for ladies when going into the National Mosque



St Paul Hill, Melaka

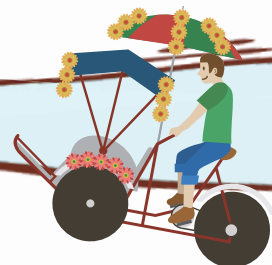
5A Chong Yuk Man

The history trip to Malaysia was really inspiring, as I've never been to Malaysia before. I didn't know much about Malaysia because my relatives and friends rarely talk about this country. The most inspiring part was that everywhere in the country has a historic atmosphere, and the locals are still keeping the heritage and culture from different religions alive. As we may think that different religions in the same place will cause conflicts between them, it seems there are not many vigorous contradictions and they can all co-exist in one legislative system. This is what I most admire about Malaysia and the locals.



5A Sung Man Shing

The trip of four days and three nights in Malaysia has come to an end. It created an unforgettable memory. The trip is about exploring culture and history in Malaysia. I joined it with my friends, as we all love travelling and widening our horizons. During the trip, we visited many historical places such as the National Mosque. A mosque is where Muslims do their prayers. The architectural style is very spectacular, with beautiful outdoor gardens, white marble pools and fountains. We had to walk barefoot into the mosque. The atmosphere inside was very stately and it impressed me a lot. We also ate many traditional foods in Malaysia. The most impressive one is 'Golden bread chicken' which is a dish of bread with curry chicken. The bread dipped with curry is very delicious. The curry is also totally different from the Hong Kong version. The trip allowed me to learn a lot about the culture and history of Malaysia. I will definitely go again!



5D Wong Chun Sing

I have learned a lot from the Malaysia Historical and Cultural Exploration Tour. Although I did not take History as my NSS elective subject, I did enjoy this trip a lot. I appreciated our extremely professional tour guide's extensive historical knowledge of Malaysia. Every time when we asked questions, he would answer in detail and say more than we expected. He also solved little troubles we created patiently and was very friendly.

On the other hand, I discovered that Malaysia had been occupied by multiple colonisers in the past and 'Merdeka' is a Malayan phrase meaning independence. People would just yell "Merdeka" requesting for independent. Besides, there was a nice view at the strait of Malacca interlaced with both eastern and western building structures. We saw beautiful creatures during the river cruise, including water lizards and water snakes.

We had a lot of fun in the trip; it was well organised and we were satisfied with the arrangements.



Stylish and delicious Curry Chicken Bread

S.2 group photo
at Sun Yatsen
Memorial Hall in
Guangzhou.

DR. SUN YAT-SEN'S LIFE AND RELATED HISTORICAL EVENTS, AND THE 1911 REVOLUTION IN GUANGZHOU 廣州孫中山事蹟及辛亥革命 歷程探索之旅

Dates: 22-23.3.2018

Venue: Guangzhou

Organising body: Wofoo Social Enterprises

Participants: 116 S.2 students

Teachers involved: Ms Wut Pui Fun, Mr Chu Wai Kit, Mr So Ping Shun, Ms Chio Hawk See, Ms Yuen Ming Wai, Mr Leung Hok Pan, Ms Cheung Lok Sze, Mr Chan Ka Fai, Ms Cheung Shui Lin, Ms To Chui Ling, Ms Chan Wai Shan, Ms Cheung Sze Loi, Ms Chan On Ching

Ms Wut Pui Fun

Have you ever visited the Dr Sun Yat-sen Museum in Hong Kong or in Macau? On March the 22nd to the 23rd, S.2 students explored different places in Guangzhou to learn more about Dr Sun Yat-sen and the 1911 Revolution. As students went on guided tours with earphones, they enjoyed more learner autonomy. They could explore the places more freely while listening to the guides' explanations.

Our Chinese history teacher designed a learning journal for the students. The historical knowledge students had learned in their Chinese history lessons enhanced learning efficiency in on-site exploration, and a poster designing activity also consolidated students' learning. Students were asked to write reflections on the places they had visited on the poster. This poster displayed their collaboration, creativity, and learning outcomes, which were shared with other schoolmates in the school hall during the Life-wide Learning Celebration Days.

2D Ho Ka Yi

On the first day, we went to the Whampoa Military Academy. It is a huge military academy for the Chinese army. There is a vast area for soldiers to practise marching. There are several conference rooms for holding meetings, a lot of classrooms for having lessons and many other rooms for displaying relics and information about Chinese History.

On the second day, we went to the Memorial Museum of Generalissimo Sun Yat-sen's Mansion. It is the former residence and office of Dr Sun Yat-sen. There are three floors. We could see that what Dr Sun's bedroom and office were like, which helped us understand more about his daily life. After that, we went to the Huanghuagang Mausoleum of the 72 Martyrs, which commemorates the heroes who sacrificed their lives during the uprisings in Guangzhou. The uprising has important historical significance.

In summary, it was a great trip. We visited many meaningful places and learned a lot about Dr Sun Yat-sen and the Xinhai Revolution. I look forward to going on another meaningful trip to learn about history.

2D Lee Yiu Hang

During the trip to Guangzhou, we learned a lot about Dr Sun Yat-Sen, one of the great leaders of China. The Guangzhou Xinhai Revolution Museum shows everything about the revolution led by Dr Sun Yat-Sen, who eventually combined other revolution teams and ended the Chinese monarchy. A brave woman named Qiu Jin joined the revolution but was defeated at last. It is such a misery that made my jaw drop!

After visiting the museum, we went to the Whampoa Military Academy. My friends and I saluted and pretended to be a soldier. Training to be a soldier is harsh. All trainees must sleep at 9:30pm and wake up at 5:30am. Plus, they only have 15 minutes to eat! The Academy is huge, so it is very easy to get lost. There are swords made for trainees who work hard at school. If I were one of the trainees, I would probably have worked hard to get one!

The next day, we went to the Memorial Museum of Generalissimo Sun Yat-sen's Mansion. The mansion used to be a factory. The corridors were full of information about people during the revolution. One interesting fact is that Dr Sun loved reading maps, so even his washroom was full of maps!

Then we went to the Sun Yat-sen Memorial Hall. "WOWOWOW!" The design of the hall really impressed me. The shimmering stained glass on the roof, the wonderful pillars, and among them, the most impressive thing was the giant stele on the stage. The historical site impressed me so much that I could hardly concentrate on what the guide was saying. There were lots of artefacts, including a cane and a hat that belonged to Dr Sun.

Lastly, we went to Huanghuagang Mausoleum of the 72 Martyrs. The martyrs used to be members of the Tongmenghui. During the Guangzhou Uprising, they were killed by some Qing Dynasty officials. The tomb was built afterwards and Dr Sun wrote four Chinese characters at the entrance, which means "their souls will live forever".

This is a very meaningful trip. I learned that we should rely on God, like how Dr Sun did.



Visiting Memorial Museum of Generalissimo Sun Yat-sen's Mansion



Working on a poster about their journey in Guangzhou

2C Yau Chung Yui

In the two-day trip to Guangzhou, I had a lot of incredible experiences, and I also learned a lot about Dr Sun Yat-sen. On the first day, we spent more than two hours traveling from Hong Kong to Guangzhou. Although it was a long bus journey, I had a lot of remarkable moments with my classmates and teachers. It improved our relationship. When we arrived at our first destination—the Guangzhou Xinhai Revolution Museum, my first impression was 'Oh, my God! It's massive!' Compared to the Science Museum in Hong Kong, it is much bigger. The displayed content in the museum is detailed and comprehensive. It includes everything about Dr Sun Yat-sen: his life and the 1911 Revolution. It describes the difficulties he faced during the revolution and how he solved the difficulties. It was awesome.

On the second day, we went to the Huanghuagang Mausoleum of the 72 Martyrs. When I saw the graves, I was impressed by the martyrs' attitude towards the revolution. Their hard work paid off and the revolution succeeded. Although they had failed many times, they never gave up. I want to learn from the revolution party, especially Dr Sun Yat-sen. I'll be brave and never give up.

During the trip, I learned a lot of things that I would not be able to learn in the classroom. I am pleased to have gone on this trip. I not only saw many new things but also had a lot of great memories.



Student using earphones to learn about the Tomb of 72 Revolutionary Martyrs at Huanghuagang



Visiting the Tongze Senior Middle School



Express railway, from Dalian to Shenyang



Knowledge exchange with students from Tongze Senior High School

MAINLAND EXCHANGE PROGRAMMES

AN EXPLORATION INTO THE HISTORY AND CULTURE OF DALIAN AND SHENYANG

大連、瀋陽歷史和文化探索之旅

Dates: 16-20.9.2017 Venues: Dalian and Shenyang
Participants: 10 S.4 - S.5 students

Organising body: Education Bureau
Teacher involved: Mr Mak Hung Cheong

Mr Mak Hung Cheong

From the 16th to the 20th of September in 2017, I led ten Form Five students to Dalian and Shenyang for a five days, four night's exchange programme. We visited local cultural relics and people in the three provinces in Northeast China. The 18th of September was a sorrowful day for countless deaths and injuries during their invasion. When we visited Tongze Senior High School, we heard the air raid alarm go off, and I felt like we were in the middle of the Japanese invasion incident. The fear of wars rushed through my body. We also visited the Museum of Lvshun Prison for a better insight of the invasion and its impact. After many years, China still commemorates these days and the warriors. It is hoped that future generations will know what happened in the past, and hence, work harder on maintaining world peace.

Last but not least, this trip was an eye-opening experience. Thank you to the school and the Education Bureau for providing this valuable opportunity. Not only did it enhance the relationship between teachers and students, it also deepened the students' interest in Chinese history.

5C So Tsz On

After this educational trip, I have gained more knowledge about China. One of our activities in Dalian was a visit to a local secondary school on the 18th of September. It was a very impressive experience. At 9:18 a.m., all students stood in silence to show respect for those who died in the 918 Incident. We also wrote some poems and articles to express our feelings about it. I truly feel the Chinese nationalist spirit and have more respect for the history of China.

5B Chau Chak Nga

We went back to Mainland China before National Day. We arrived there on the 16th of September so that we could join the mourning of the 918 Incident. 86 years ago, Japanese army attacked Northeast China where only 600 soldiers were stationed. On the morning of 18 September, we stood in front of the Bronze statue of Zhang Xueliang in Tongze Senior Middle School while the air-raid siren (空襲警報器) was ringing for about 3 minutes. After participating in this event, I think we need peace in our world because every war brings about bad effects to humankind.

5B Lam Wai Cheung

In the exploration of the history and culture of Dalian and Shenyang, we visited different places that shaped modern Chinese history. We went to the museum of Lushun Russian-Japanese Prison where Chinese people were killed brutally and Commander Zhang's Mansion where Zhang Xueliang used to live. I believe the history of these relics will never be forgotten, since we call 918 a national humiliation. As the old saying goes, 'he that travels far knows much'. The visit has given me a meaningful lesson, as not only have I learnt some interesting unofficial histories but also grasped a better understanding of modern history.

5C Tang Ho Yin

In September, I joined a trip to visit the Northeast China. The weather and hygiene there were so good that I felt very comfortable and wanted to live there. As we know, the celebration of Chinese National Day was approaching. However, I could not sense any happy feelings in the Liaoning province, probably because of the 918 Incident in which the Japanese invaded China in Shenyang. I could only feel the sadness, rather than happiness there. 'Don't forget the shame of China'— this reminds us of the war between China and Japan.

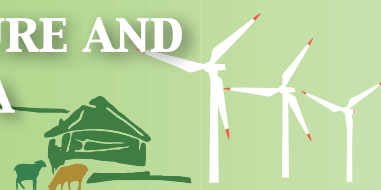


Desert of Inner Mongolia

MAINLAND EXCHANGE PROGRAMMES

AN EXPLORATION INTO THE HISTORY, CULTURE AND NATURAL ECOSYSTEMS OF INNER MONGOLIA

內蒙古歷史文化及自然生態探索之旅



Dates: 25-29.6.2018 Venue: Inner Mongolia Organising body: Education Bureau
Participants: 10 S.4 - S.5 students Teacher involved: Mr Yeung Ka Chun

Mr Yeung Ka Chun

We thank our school for encouraging us to join a 5-day trip to the province of Inner Mongolia. When we saw the endless grasslands and deserts, we felt how insignificant human beings are and how gigantic nature is. Mongolians pay tribute to their ancestor Genghis Khan. They are proud of being his descendants, which is very different from how textbooks have depicted them. In the trip, we visited the Mengniu Group and wind power plants to learn how they use natural resources for economic development. We benefited a lot from the journey.

4C Lee Yan Tung

I am happy to join this study tour. In these five days, we have visited the grasslands in Inner Mongolia. Before visiting this place, I only cared about the accommodation because I was worried that it would be crude and dirty. However, it turned out to be different. The traditional customs were my favourite part, and they left me with most beautiful of memories. After having dinner on the grasslands, we went to an open place to enjoy the bonfire party. There was a large stage for the performers. After the Mongolians ignited the bonfire, all the people formed a circle and danced. We enjoyed the local songs and dances presented by the local Mongolians. I found that there were no communication barriers between Mongolians and us. Although we have different cultures and different languages, we can still sing together and enjoy this party under the starry sky.

4C Chu Hiu Ching

Inner Mongolia is a special place. Before visiting Inner Mongolia, I think it is filled with mysteries. After the visit, I think this province is also filled with love. People always help each other. They are hospitable and caring. For example, a student who studies in Hohhot No. 4 Middle School (呼和浩特市第四中學) gave me a sheep doll to welcome me. I knew sheep doll carries the meaning "bless you", therefore, I felt very happy after receiving it. In this trip, I learned that I need to respect others. I hope I can join this programme again!

5C Ho Shing Hin

This exchange programmes changed my impression to Mongolia. I thought Inner Mongolia was a place with only deserts and savannahs, but after the trip, I found The Belt and Road Initiative had changed northern China a lot. For example, the tour guide said that Mongolia was undeveloped until 20 years ago. Now, it is a modern city. Among different places, I enjoyed visiting Hui Teng Xi Le Prairie. This place is windy and it is why Hui Teng Xi Le Prairie becomes the biggest wind power generation city in Asia. To know its design, we built a Lego windmill in order to understand it better.

4C Lo Chi Ching

Before visiting Inner Mongolia, I thought that I would be staying on the grasslands every day. But when I got there, I realised that although it was not packed with tall buildings, it is well developed. I admired the patriotism Inner Mongolians have and their enthusiasm. Everyone we talked to said that they loved Hong Kong very much. I am ashamed of the umbrella movements and demonstrations in Hong Kong. The people of Inner Mongolia seemed to be excited to the life in Hong Kong, but I wonder if they can adapt to the rapid life in Hong Kong and the distance between people.



Enjoying Mongolian cuisine



Photo with secondary students of Inner Mongolia



Visiting the Shanxi University

Mr Mak Hung Cheong

The coal in Shanxi has helped turn China into an influential country. However, among the developments created by different provinces, Shanxi seems to be forgotten and has become the province who "burned herself just to keep the others warm". Not a lot of students are aware of what Shanxi is famous for, or why she is an important province to China. Being able to visit Shanxi in person instead of visiting this marvellous city through books or internet, I learned more about how China's coal industry influenced Shanxi. It was an eye-opening experience. Although Shanxi is famous for her rich storage of coal, they did not rely solely on it. There were different ways to generate power in Shanxi such as solar energy. A lot of ecological protection was in place, eco-friendly facilities were built, and policies were established to make sure that the natural environment in Shanxi will not be adversely affected. This not only helped me to realise how important it is to take precautions but also treasure the resources we own. I am grateful that the Education Bureau and our school have granted me a chance to lead this meaningful trip.



Visiting the Datong Coal Museum



Short stay at the Hanging Temple

MAINLAND EXCHANGE PROGRAMMES

AN EXPLORATION INTO THE WORLD CULTURAL HERITAGE, ENERGY RESOURCES AND CONSERVATION OF SHANXI

山西世界文化遺產、能源及保育探索之旅

Dates: 25-29.6.2018

Venue: Shanxi

Organising body: Education Bureau

Participants: 10 S.4 - S.5 students

Teacher involved: Mr Mak Hung Cheong

5C Lau Siu Yu

In 2011, China spent about 100 billion RMB to build Datong Photovoltaic Power Station. The average income is about 2 billion each year. All my schoolmates have one question in mind when we learned this piece of information — was it worth the price?

During this visit, I learned that Shanxi government and her people used solar energy for environmental conservation. Since coal is not a renewable energy, it is bound to run out someday. Also, coal mining requires not only a large amount of human resources but also money. In addition, workers may suffer from pulmonary disease, which is lethal. Therefore, solar energy is a good choice for a city like Shanxi which has little rainfall.

After the visit, I really admire how Shanxi's people always try to improve the environment even though they have not got enough raw materials.

I was also impressed by Yungang Grottoes and Hanging Temple. They were majestic pieces of architecture with rich historical backgrounds. I have learned a lot about the heritage conservation policies in China. For example, Yungang Grottoes would have regular maintenance for the grottoes. We all appreciated the policies established by the Shanxi government, and we enjoyed the spectacular views of Shanxi in this trip.

Also, the short visit at Shanxi University had helped me to understand the differences between Shanxi and Hong Kong. Their campus is huge and their canteen provided us with different dishes. Food was cheap and tasty. However, universities in Hong Kong have a small canteen with only a few choices. Most of the students in Shanxi University live in dorms, which was different from Hong Kong students because most of the universities in Hong Kong do not have enough rooms for every student. After this visit, we knew more about the tertiary education system in China.

I cannot express how grateful I am to be able to join the trip. Last but not the least, I want to express my gratitude to Mr Mak Hung Cheong for creating such a beautiful memory for us.

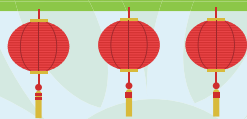


Having a great time in Shanxi University

MAINLAND EXCHANGE PROGRAMMES

AN EXPLORATION INTO THE HISTORY, CULTURE AND NATURAL SCIENCE OF WUHAN

武漢歷史文化及自然科學探索之旅



Dates: 3-6.7.2018

Venue: Wuhan

Organising body: Education Bureau

Participants: 10 S.4 - S.5 students

Teacher involved: Mr Wong Hiu Lung



Mr Wong Hiu Lung

The Wuhan Tour aimed to have students explore the city's social, economic, and geographical development. Because of the recent reforms and Opening-up policy, Wuhan has been developing by leaps and bounds. I am glad that students took this golden opportunity to understand more about China's remarkable economic progress and to have a clear grasp of China's ancient historical development. It also aroused their interest in traditional Chinese culture by appreciating the precious value of the cultural relics. The tour broadened students' horizon through understanding different aspects of Wuhan.

2C Wang Chu

On the first day, we visited the Yellow Crane Tower. I was impressed by the beautiful ancient tower because of its delicate design. The eaves of Yellow Crane Tower are like the wings of a yellow crane. We went to a local secondary school the next day, where we were given a lecture on the value of water. This reminded me of the importance of saving water. The visits to Yifu Museum of China University of Geosciences and Wuhan Botanical Garden also enriched our knowledge about paleontology and different plants.

Generally speaking, the scenery of these tourist attractions was magnificent, and we learned a lot about Chinese culture and history. I enjoyed the trip so much and hope that I can join another study tour next time.

2D Cheng Cheuk Yung

Going to Wuhan Tour with my classmates and teacher was a very fruitful and memorable experience for me.

On the first day, we went to the Yellow Crane Tower. There were many poems written by famous people like Mao Zedong, Li Bai, etc. Moreover, we could enjoy the breathtaking view of Yellow Crane Tower.

On the second day, we visited the historical Walking Street of Jiangnan Road, where we came to understand about the use of the buildings in the past and their special features with a mixture of both Chinese and Western architectural culture. We also went to the Wuchang Uprising Memorial. The photos of the revolutionaries on the wall to help the visitors to learn about the history of 1911 Revolution.

In short, my participation in the Wuhan Tour was a right choice. The trip was fruitful, and I enriched my knowledge concerning Chinese history, literature, architecture, and calligraphy of Wuhan. At last, I want to thank Mr Wong, the tour guide, and my dearest classmates for making the trip so entertaining and educational!



The Ancient Chibi War Field from the period of the Three Kingdoms



The Museum of the Wuchang Uprising of 1911



The sculpture of Li Shizhen at the Wuhan Botanical Garden, Chinese Academy of Sciences



The Yellow Crane Tower



Group photo of Hong Kong students and students from Bi Hua Junior High School

Chinese Orchestra Taiwan Music Exchange Tour 中樂團台灣音樂交流之旅

Dates: 5-8.7.2018

Venue: Taipei

Organising body: View Win Liberal Education Communication Center

Participants: 31 S.1 - S.5 Chinese Orchestra Members

Teachers involved: Ms Law Nga Lai, Ms Yu Suk Yin & Mr Leung Hok Pan

Ms Law Nga Lai

The 31 members of our Chinese Orchestra have just completed their music tour in Taiwan, and they had a smooth journey and some fruitful experiences. They were highly praised by the audience for their warm and heart-reaching voices, as well as performing with sincerity. Also, our students rehearsed and shared great musical and social moments with the Cheng Kung Senior High School during the school visit activities.

Through participating as performers in the music tour, our members were allowed to enhance the techniques, interpretation, audience awareness, and musicality of their performance. The concerts also helped students to develop better self-understanding and perseverance.

Performance at Bi Hua Junior High School

2A Chan Cheuk Ying

After I went to Taiwan, I learned more about the Chinese Orchestra out of Hong Kong, as I could see others' excellent performance. Apart from music, we also knew more about the school's environment in Taiwan. Their schools are a lot bigger than ours — the school's playground is nearly the same size as our school. We also had a good time with the students in Taiwan. We played some Taiwanese traditional games to relax and have fun. We also had a mini tea time — we drank some bubble tea and ate some cakes. It was a fun and wonderful time. Luckily, we could also visit the No.1 butterfly aquarium in the world. It was a meaningful day. However, in the first day, something happened. We were late for school because we spent more time moving the instruments than we had expected, so our meeting was cancelled. It's the only bad thing to happen in this trip. After two performances, we started to explore Taiwan. We went to the Night Market and had dinner. This was different from our schedule. Originally, we intended to have a hotpot meal that night but all of us wanted to go to the Night Market, so the teachers changed the timetable to let us go there. I thought it was a good choice because we improved our relationship a lot during the dinner. Also, we could buy some souvenirs to our friends and family. The most impressive activity was the Tian Deng. We wrote a lot of interesting wishes in this Tian Deng. Although there was a drizzle, the activity still continued. It's very wonderful. I will never forget this trip.



The Butterfly and Insect Museum in Taipei
Municipal Cheng Kung Senior High School



Green tea ice cream DIY



Fun in the aquarium

3D Leung Hei Laam

This was an amazing and meaningful study tour in my student life. This tour embraced two exchange activities and some cultural experiences. The most unforgettable one is the exchange performance. Actually, I think I am not a 'real ILCian', as my strength is not better than others. However, I was entrusted with a heavy responsibility in this performance — being the drummer. This was a big challenge for me. I didn't even know how to drum before! Although my skills were bad, many people encouraged me and let me know I could do better than I ever imagined. For this reason, I had the confidence to do well in most of the performances. However, humans are not perfect. I did badly in some exchange performances. I felt frustrated and guilty, but my friends told me, 'Rarely do people do well in their shows since nothing is perfect.' I finally understand what 'try one's best, and never regret' means.

3A Chung Cheuk Man

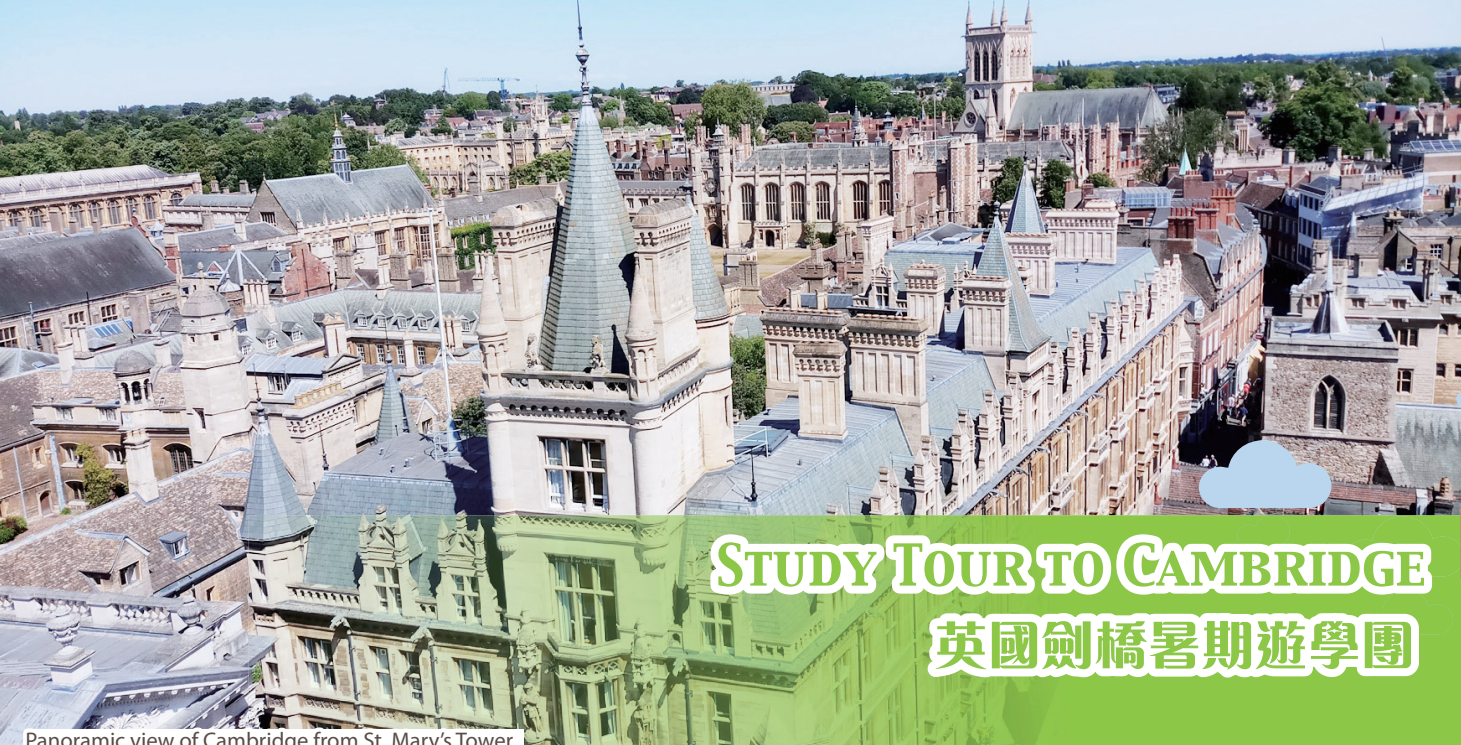
After going to Taiwan with other orchestra members, I had a fruitful experience, especially when visiting high schools there. We exchanged our musical experience and skills with students who played Chinese music in Taiwan. Apart from the exchanges in Taiwan, we also visited many different spots such as Taipei and Yilan for making dumplings and riding the little train. Ji Nong was also a great city to visit. The museum we visited taught us about navy technology and development in sea science. We had a great time with each other. I hope we can improve our performance in the future.



Tea picking



Tea tasting



Panoramic view of Cambridge from St. Mary's Tower

STUDY TOUR TO CAMBRIDGE

英國劍橋暑期遊學團

Dates: 30.6.2018-23.07.2018
 Venue: Embassy Cambridge Summer Centre, UK
 Organising body: Australian Education Association
 Participants: 30 S.1 - S.4 students
 Teachers involved: Ms Cheung Shui Lin & Ms Cheng Hong Nei



Karaoke Night



Having lessons



Having lunch at school canteen



Setting off

Ms Cheung Shui Lin

Studying in Cambridge — a world-famous centre of excellence for teaching, learning, and culture — is the dream of many students. Luckily, we had a chance to go on a 24-day study tour to Cambridge this summer.

During the trip, our students stayed with host families. They had lessons, did activities, and went on excursions with students of different nationalities, such as Taiwanese, Spanish, Italian, French, Brazilian, Russian, Colombian, and Uruguayan.

On two Saturdays and several afternoons, we visited Christ Church of Oxford University, King's College, St. John's College, Great St. Mary's Church, and the Botanic Garden of Cambridge University. We also went to the Imperial War Museum Duxford, Ely Cathedral, Warwick Castle, and London (namely the National Gallery, St. James's Park, Buckingham Palace, Houses of Parliament, Big Ben, and the London Eye).

Although not everything was well organised, it is still a worthwhile trip because our students have become more independent, have more confidence in speaking English, have learned more about British history and culture, and have established great friendships with students from different cultures.

2A Wong Ho Fung, Elvin

During the trip I learned more about the cultures of England. The pace of life in England is much slower than that in Hong Kong. As the distance between places in each city in England is very far, many students go to school by bike.

The classmates were kind and the teachers were funny. However, the content of the lessons was too easy for me. However, as we could only speak English in class, my spoken English has improved a lot. I also learned lots of new vocabulary.

On the whole, this is a good study tour (although the excursion to London was disappointing — the protest against Trump shortened the time for us to explore the city). I learned many things and met lots of new friends. I hope I can see them in the near future.



4A Chung Cheuk Hang, Edwin

During this study tour, we travelled to many places and did many activities. I loved the punting experience at Cambridge most. It was interesting. I took many photos on the two sides of the river. However, the one-day excursion to London was bad because we did not have free time to walk around most of the tourist attractions. One of the staff members urged us to walk faster all the time.

I loved Cambridge very much. The people, the weather and the environment there were nice. Most of the teachers were kind and friendly. They tried their best to help us express ourselves in English. At first, I was rather passive, but soon I started to communicate with others in English.

To me, the most memorable experience was meeting some Italian girls in a badminton court. They talked to me, and we became friends. We still keep in touch with each other.

I also met some Taiwanese students. They were easy-going and I got along with them well. We had lessons and travelled to Oxford and London together. This was a valuable experience.



Visiting King's College with students from other countries



Excursion to Imperial War Museum Duxford

3A So Ho Ying, Esther

During this trip, not only my English but also my self-confidence was boosted. I learned a lot of useful vocabulary. In addition, I learned how to communicate and cooperate with others.

There were a number of things that fell short of my expectation, such as the distance between the school and the host family, the transportation arrangements for excursions, and the time and places for us to shop. Nevertheless, I felt glad to have joined this tour. I have never thought that I could make so many foreign friends (Taiwanese, Italians, Columbians, and so on). We kept chatting with one another throughout the trip, and even though some of them left earlier than we did, we still keep in touch through Facetime.

Our hosts gave us good memories too. Although their house is small and there aren't any restaurants or shops nearby, they provided us with delicious meals every day. We gave them trouble but they didn't mind. They were so nice.

Actually, I had been struggling over whether I should join this tour. And now I can tell you I do not regret having gone on the trip.



Stone in King's College honouring Chinese poet Xu Zhimo



Playing sports with locals



Bidding farewell to students from Taiwan

2B Chow Sze Wing, Rain

I really like Cambridge and the school, Embassy Summer. I gained a lot during this trip. I have learned lots of vocabulary and become more confident in speaking English.

I met many new friends in Cambridge, like Youmna, Gabriela, and Mariana. They are so kind and nice. I love them very much. They taught me English, and I taught them Chinese!

I think the food and the people in Cambridge are great. Although we seldom had rice, I still liked the English food. I enjoyed the time with my host on Sunday. We could go out and shop all day! It was the most memorable part of the trip.

LIFE-WIDE LEARNING DAYS

MULTI-FACETED STANLEY

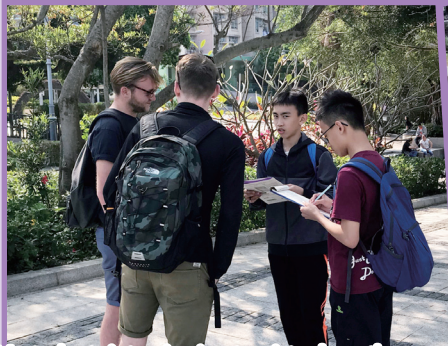
Date: 22.3.2018

Venue: Stanley

Participants: 114 S.1 students



S.1



1A students interviewing tourists along the coast



1B students reflecting in the cemetery



1C students in Stanley Military Cemetery

1A So Tsz Yiu

This is the first time for our class to work together to build a sand castle! We spent a lot of time on building it. That day was really meaningful to me. This activity deepened my relationship with my classmates and I also know the importance of teamwork! I will work more with my classmates and listen to the opinions of others patiently in the future.

1B Law Suet Wing

I remember there was a couple and I went to interview them. They were kind and answered all my questions. After the interview, they took a photo with us. I was so surprised. In the interview, I learned how to communicate with others. I think interviewing is not as difficult as I thought it would be. If I have a problem, I can always ask teachers or friends to help. Whenever we face difficulties or problems, we need to be courageous.

1C Chow Mei Yee

Of all of the activities, I liked going to the beach most because it made my classmates learn about teamwork. When the sand sculpture competition started, we all felt very flustered as many classmates were not on task at first. They played with sea water, splashing others. I remembered a little incident. Jimmy wanted to use a bottle to pick up water faster so he ran quickly, but suddenly he tripped and fell. We were worried but then we laughed because someone made a joke, 'Jimmy used his life to get water!' Finally, we finished our sand lion in time. Before we left, we stepped on the lion to 'kill him'. The sand lion died in a split second. I thought the sand lion was so sad because his life was so short. However, I think our team spirits were as strong as a lion.

1D Lee Lok Yin

The most memorable experience is that we built something with sand and we worked together to finish a piece of work. At school, we don't always have class activities, so we all took it seriously. Secondary school is different from primary school. In primary school, the teachers would take us to walk around but in secondary school, the teachers let us walk around by ourselves. If you finish the mission at one checkpoint, then you can move onto another checkpoint to finish another mission. After this activity, I think I am confident to go out by myself.

VISIT TO THE FLOWER MARKET & BIRD STREET

Date: 23.3.2018 Venue: Mong Kok

Participants: 114 S.1 students



Bird Street



Writing diary about their experience at Bird Street

S.3



Rafting in the sea



Ready for the adventure



S3 leaders prepared to go

SAI KUNG ADVENTURE AND ORIENTEERING

Date: 22.3.2018

Venue: Sai Kung

Participants: 119 S.3 students

3A Wu Nga Man

During the adventure, the most valuable experience was making a raft for 12 people with only bamboo poles, ropes, and barrels. It was so challenging. After building the raft, we sailed out to the sea. On the trip, we learned how to balance the raft and cooperate with each other. Positive attitude and team spirit are the keys of success. This activity was definitely a memorable learning experience.

3B Wong Ngan Man

The activity that impressed me most was raft-building. At first, all of us did not want to do it because of the hot weather. However, our team leader encouraged us to keep working hard and not give up. After a bit of sweating, we finally made it!

From this experience, I learned that a team must work together no matter what happens. You cannot just think only about yourself, but for the sake of everyone. We may get into trouble, but we should not give up easily. We should do our best to face problems or seek others' help, as we can always find solutions. Therefore, believe in yourself!

3C Chong Mei Ping

I was looking forward to the event of raft-building since it was my first time to build a raft. In this activity, I learned that we should work as a team and set a goal at the very beginning. A concrete objective can motivate us to work harder together.

Everyone faces challenges in learning. For me, I used to give up easily. Yet, after this activity, I understand that we need to try our very best and keep on going until the problems are all solved.



We are ready to go



A successful raft

PING SHAN EXPLORATION



Studying an ancient well

Date: 23.3.2018

Venue: Ping Shan Heritage Trail

Participants: 119 S.3 students



We are class D

3D Fu Ka Yee

The most memorable moment of the day was visiting the Ping Shan Heritage Trail. I saw numerous historical buildings that showed rural life in the past. In addition, the tour guide introduced us to interesting and meaningful information about the buildings and people of Ping Shan. Therefore, this tour is unforgettable to me.



4B students taking a class photo



Scrumptious big fish balls



Artistic 4B class photo in Tung Wan Beach

EXPLORING CHEUNG CHAU

Date: 21.3.2018

Venue: Cheung Chau

Participants: 115 S.4 students

4A Cheung Wai Lam

The most impressive moment was climbing up on the rocks. We followed the route which we had designed. However, one of the roads was blocked. We used a method that was a little dangerous to climb up. When we were climbing, we helped each other pass the rocks. I could feel our teamwork and strong friendship during the climb.

I learned that we need to design the route well. Although the route was exciting to me, it was hard for some girls and teachers. We need to consider the well-being of each person in this trip. I learned to put myself into others' shoes because my decision will affect others.

4C Hui Shing Hei

I learned how to cooperate and communicate better with my classmates. One of the activities in Cheung Chau was to form a group to find a special place there. While we were finding the place, we needed to cooperate and communicate well. This experience made me more sociable and understanding, so I can make more friends. I will use my communication skills for practicing oral examination. For example, I can be more tactful while answering and asking questions, and I can also be more engaging during the conversation. Also, I will remember to maintain eye-contact to the person I talk to.

4B Chan Wing Yan

Our class has nearly walked the whole "Small Great Wall" in Cheung Chau. The reason why it was amazing was that we were the only class who travelled this mountain. It was exhausting yet meaningful.

I learned to be patient and to get closer to the people around me. During the walk on the mountain, we helped each other whenever necessary. This trip also deepened our relationship, as we chatted a lot during the walk.

4D Chu Hiu Ching

During the free time, our group went to the Cheung Po Tsai Cave by ourselves. To many of us, this was our first time getting there by ourselves. It was interesting! I am so glad we plucked up the courage to explore the Cheung Po Tsai Cave. The cave is very narrow inside. It was difficult to climb through but we succeeded! We felt extremely happy about it. It was a good experience.

We learned to help each other. When we climbed through the cave, we needed to help each other, for example, while one person helped guide us to the correct direction, another one helped to light the road. After this experience, I think working with a team is more important than working independently.



4C class photo in Cheung Chau pier



Selfie makes perfect



4A students using teamwork to conquer the rocks

MR WORK PROGRAMME

WORK SIMULATION

Date: 22.3.2018

Venue: Kwai Chung

Organising body: Youth Employment Resource Centre

Participants: 40 S.4 students

4B Yeung Ho Wing

It is a unique, interactive and educational work simulation programme which cultivates core work values among young people through an interesting work environment and workshop.

This programme deepened my understanding of the working world and employers' expectations towards employees. I learned how to be disciplined, polite to the boss, honest, and responsible.



We're newly "recruited" to do packaging



I'm an accountant talking with my supervisor

GUIDED TOUR TO HARBOUR

ARTS SCULPTURE PARK

Date: 22.3.2018

Venues: Central and Western District Promenade & Wan Chai

Organising body: Hong Kong Arts Centre

Participants: 30 S.4 students

4B Hui Cheuk Ki

All the sculptures are displayed on the grass but not in the museum. We can touch and sit on some of the sculptures. It is a rare chance to get close by.

The artwork of Kacey Wong, a Hong Kong artist, impressed me the most. His series of sculptures were inspired by the form of asteroids, comets, and star maps. When the sun shines on the sculpture, a complex composition of light and shadow will be created, which triggers viewers to think about the universe, time, and life.

4B Hau Wing Yin

I have a new understanding of sculptures by knowing how the artists combined social issues with their artwork. The styles and meanings of how they are presented are unique.

A collapsing sculpture! Or not?

Creative sculptures everywhere

4A students with a cute bear

ELDERLY HOME VISIT

Date: 22.3.2018

Venue: Fanling

Organising body: Christian Canaan Church

Participants: 45 S.4 students

4C Cheong Yin Nok

Through the service, I learned more about the needs of the underprivileged in North District. I wish the government would help the people who have low-income. When I served the elderly, I really understood the meaning of "it is more blessed to give than to receive."

4D Yang Yahui

We should care more about the poor people and the elderly. After the service, I knew how to talk with elderly patiently and attentively, and I understood more about the system of helping old people in need. I hope to join more social services in the future.



A helping hand for the elderly



Enjoy your lunch, sirs and madams

S.5

Tai O ECOTOUR

Date: 21.3.2018

Venue: Tai O

Participants: 93 S.5 students



S.5 Form Photo

5D So Mei Ki

The tour was very meaningful as it included a trip to see the Chinese white dolphins. However, I was a bit disappointed, as there was not much to visit at the end. Luckily, we enjoyed the boat trip, and it was very exciting. Moreover, we had to work and interview shop owners about the characteristics of food stalls. The owners were very nice and friendly. It was a great day.



19 heroes meeting in Tai O



Yummy donuts



Making salty egg yolk is easy

VISIT TO THE HIGH COURT

Date: 22.3.2018

Venue: High Court, Admiralty

Participants: 26 S.5 students



Group photo in front of the High Court

5C Lin Ho Yi

My first 'step' getting inside the court was very cautious. It was totally different from what I have imagined. It is different from the TV programmes. I sat down and watched lawyers presenting their ideas for their clients. I felt excited because it was my first time to watch a real-life court debate.

VISIT TO THE COURT OF FINAL APPEAL

Date: 22.3.2018

Venue: Court of Final Appeal, Central

Participants: 35 S.5 students

5B Tam Tsz Yan

During the visit to Court of Final Appeal, the most impressive event was walking on the Bridge of Sighs. It provided me with a rare experience to understand the prisoners' feelings. I am glad to have this unusual, if not weird experience to learn about the court. The court visit woke my civil awareness towards all things happening in Hong Kong.



Inside the Court of Final Appeal

VISIT TO ELECTION INFORMATION CENTRE

Date: 22.3.2018

Venue: Kowloon Bay

Participants: 32 S.5 students

5A Cheung Wing Lam

At the beginning, I thought it would be boring because I did not know what I could do at the Election Information Centre. But later, I got an explanation from the staff about how we could imitate the electoral process. At that moment, I felt quite interesting. I know that when I am 18 years old, I have to vote to fulfill my civic duty. So, the visit to Election Information Centre can let me know more about why I need to vote and what the process is like.



Photo taken inside the Election Information Centre

OTHER LEARNING EXPERIENCE

BEYOND LIMITS

Dates: 22.11.2017-17.5.2018

Participants: All S.1 - S.5 students

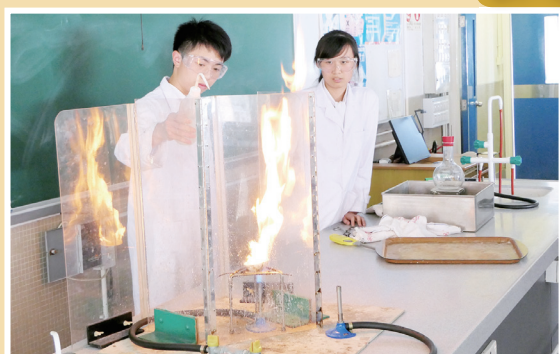
Coordinator: Ms Yu Suk Yin

Ms Yu Suk Yin

'Beyond Limits' was a new initiative in 2017-18, which aimed to move students' learning beyond the classroom by using some of the afternoons on Day 3. I was happy to help coordinate and implement activities designed by teachers from different subject departments and committees. Without a doubt, these activities provided a lot of value to classroom learning. I could see students engaged in 'real' situations and were able to apply their knowledge across a range of challenges. In all of these 'experiential' or 'authentic' experiences, I believe that, our students could grow healthily and comprehensively.

Date	Form	Activity	Teacher(s)-in-charge (Committee/Subject department)
22/11/2017 (Wed)	S.1	DiscoverE Engineers workshop	Mr Wong Chun Man (STEM Unit)
	S.2	Visit to Dr. Sun Yat-sen Museum	Mr Wong Hiu Lung, Mr Mak Hung Cheong (Chinese History & History Departments)
	S.3	Visit to PMQ (A creative industry landmark)	Ms Tsui Suk Yi (Visual Arts Department)
11/12/2017 (Mon)	S.1, S.3	Inter-class singing & talent competition	Mr Ng Wai Keung (Extra-curricular Activities Committee)
	S.2	My Path	Ms Cheung Yuet Yau (Life & Career Education Committee)
1/2/2018 (Thurs)	S.4	Career Interest Inventory	Ms Cheung Yuet Yau (Life & Career Education Committee)
	S.5	School-based Assessment	English Department
6/4/2018 (Fri)	S.1	Tai Po Mathematical Orienteering Game	Ms Leung Ka Yi & Mr Young Kim Ming (Geography Department & Mathematics Department)
	S.2	Science Explorer Tour	Ms Ho Mei Yee (Information & Communication Technology)
	S.3	My Choice	Ms Cheung Yuet Yau (Life & Career Education Committee)
30/4/2018 (Mon)	S.4	Career Visit	Ms Leung Fung Yin (Life & Career Education Committee)
	S.5	Indoor Rowing Competition	Ms So Wing Fun (Physical Education Department)
	S.5	Financial Education Talk	Ms Tang Yuk Wan (Economics Department)
17/5/2018 (Thurs)	S.1-3	Science week	Mr Chio U Kim (Physics, Chemistry, Biology, Integrated Science Departments)

S.1 - S.3 Science Week



Exciting experiment



The teacher and students are making Molecular ice cream

S.1 & S.3 Inter-class Singing & Talent Competition



S.1 & S.3 classes are on show



Students answered interesting mathematical questions at each check point



It's fun to apply mathematical skills in our daily life

S.1 Mathematical Orienteering

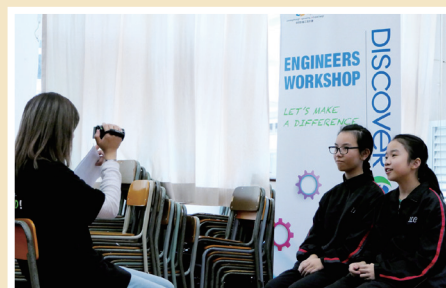


It's fun to move around Tai Po to look for 8 check points

S.1 DiscoverE Engineers Workshop



Students are testing their own gyro design



Students are being interviewed by LEAD (Learning through Engineering, Art and Design)



Group photo of all participants in this workshop organized by LEAD

S.2 Science Explorer Tour



Visit to HK Science & Technology Parks

S.2 Visit to Museum



Happy memories after the visit



Nothing beats an interesting hands-on experience to deepen learning



Having fun coding together

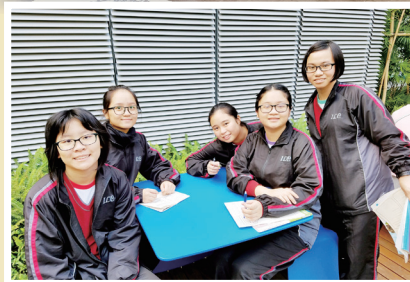
S.3 Visit to PMQ



Group photo in an exhibition room



Students took group photo with their favourite seats in PMQ



Students shared their feelings after visiting different exhibition rooms



Students posing in an exhibition room with the mural as background

S.3 My Choice



Learning the strategies for choosing the suitable subjects



Guess what my dream job is!

S.4 Career Visit



Wow! Now I know how the Auxiliary Medical Service helps save our lives



Knowing more about the facilities inside the ambulance

S.5 Financial Education Talk



We know how to distinguish between "wants" and "needs"



Being a smart consumer, do you know the price of a bottle of water in the convenience store?



Staff introduced the recruitment of Dog Dog Come Wonderland at the indoor playground



Students and teachers visited the outdoor playground with dog parking slots and playful facilities



Personal finance is so important that we are all attentive in the talk!

S.5 Indoor Rowing Competition



The girls are trying their very best for their class!



S.5 Group photo after the competition



KUBIC's containers

STUDENT LEADERS' DEVELOPMENT INNOVATION AND TECHNOLOGY OF MAINLAND, TAIWAN, AND HONG KONG STUDY TOUR 兩岸三地創科遊學團

Dates: 24.1.2018-
27.2.2018

Venue: Kaohsiung Taiwan, Hong Kong
Organising body: Ming Pao Student Reporter
Participant: 6C Chan Yan Ki



6C Chan Yan Ki

It was my pleasure to join this tour held in Taiwan and Hong Kong. This tour was very meaningful and inspired me a lot. I had a chance to explore the development of innovative technology. It was exciting to find out that Hong Kong has put in more and more resources to help the growth of innovative technology. Not only did I have the chance to know more about the innovation technology, I also met some new friends from different schools in Hong Kong. We built up valuable friendships and shared our thoughts with each other.

On the first day of our trip, we visited MLD Living Mall. Before the renovation, it was a factory for the aluminium industry during the Japanese Occupation period. Now, it is targeted at young people. There you may easily find that some parts of the factory are still preserved and well-matched with the mall. It is a good example of revitalising historical building with innovative ideas. Also, we went to KUBIC, an area built with containers. Those containers were painted with many colours, and different kinds of shops were set up there. It demonstrated the development of Taiwan creative industry.

On the second day, we visited Kaohsiung MRT and LRT. Compared with Hong Kong MTR, the speed of the MRT and LRT is much slower, and the capacity is much smaller. This is because in Kaohsiung, people mainly drive scooters for transportation. However, scooters produce a large amount of pollution, and therefore the



Kaohsiung MRT



LRT station

Kaohsiung government wants people to use MRT and LRT to lower the pollution level.

On the third day, we visited a new start-up company which specialises in unmanned flying vehicles. The company owners set up their business when they were studying at university. The university is an entrepreneurial university which provides them with a wide range of support in technical and marketing aspects. The Hong Kong University of Science and Technology also provides this kind of support to their students to help them develop their own business.

We visited the Hong Kong Science Park the next month, where the new start-up companies and international companies have gathered to help with the development of Hong Kong's innovative technology. One of the unicorn companies found in Science Park is LALAMOVE. Thanks to Science Park, it has become a leading company in logistics on-demand in Hong Kong.

During the visit to the Octopus Card Company, I found out an interesting fact. The smart Octopus Card technology can let users use the card up to 10 times even if the smartphone has run out of battery. It is surprising, as I thought that digital wallet has a big disadvantage because it cannot be used when the phone is out of energy.

It was a valuable chance to visit those incredible places and companies and I hope to see the improvement of technology.



Green library design for energy conservation



Fun on the cable car

Asia's largest 3D painting on rooftop 'Time and Space City'





A group photo taken in Nara Park

STUDENT LEADERS' DEVELOPMENT JAPAN-EAST ASIA NETWORK OF EXCHANGE FOR STUDENTS AND YOUTHS PROGRAMME 世紀東亞青少年大使交流計劃

Dates: 10-18.12.2018

Venue: Japan
Organising body: The Japanese Government
Participant: 5B Law Yuen Yan



A kind teacher of Kyoto Prefectural
Hokuryo Senior High School

5B Law Yuen Yan

Japan-East Asia Network of Exchange for Students and Youths Programme (JENESYS) is an exchange programme organised by the Japanese government since 2007. The programme comprises field visits to cultural, economic, and environmental facilities, school visits, and homestays for promoting educational and cultural exchange. I am so honoured to join this meaningful programme.

Participating in JENESYS undoubtedly deepened my understanding of Japan and broadened my horizons. Although this 9-day trip was not a long journey, I had so much fun and learned a lot from my Japanese friends, local Japanese teachers, and host family. For example, there are several rules when entering an onsen (hot springs). Everyone needs to shower before bathing in the onsen, and girls must tie their long hair up for hygiene purposes. Also, when I went to a supermarket, I found that there was a plate full of ¥1 coins in front of the cashier. My host family told me that if customers came to the cashiers to pay and didn't have enough change, they could simply pick up some to settle their bills. Thus, you can understand how considerate Japanese are in treating their customers.



My lovely host family (and their cute cat)

During this programme, I have also learned the importance of planning and preparation. Students were required to submit a group report to the Hong Kong Education Bureau after visiting Japan. Our topic is on the differences between Japan and Hong Kong in recycling practices. Before going to Japan, our group members had met several times to plan our group project, such as designing a questionnaire and preparing for an interview. As some of our groupmates are good at Japanese, our interview was conducted very smoothly. In the end, our group project was appreciated by our teachers and the officials from the EDB.

I am grateful to meet a lot of new friends, including Japanese students through JENESYS and we are still in touch now. I hope we could keep our friendship in the future.



Playing with the best badminton team in Matsudo International High School

I still vividly remember how excited I was when I knew I had passed the interview and was selected to join JENESYS. I could hardly imagine that I was one of the members representing Hong Kong to join this exchange programme. I am sure this trip will certainly be one of the most unforgettable and wonderful experiences in my secondary school life.



A cheerful English lesson in Kyoto Prefectural Hokuryo Senior High School

MORAL & CIVIL EDUCATION

PUPIL AMBASSADOR SCHEME ON POSITIVE LIVING

學生大使——積極人生計劃

Dates: 24.11.2017-9.4.2018

Venues: ILC, Correctional Services Museum, Pak Sha Wan Correctional Institution,

Chinese YMCA of Hong Kong New Territories Centre

Organising bodies: DGC, EDB, Correctional Services Department

Participants: 10 S.2 - S.3 students

Teacher involved: Ms Chan Wai Ming



Obtaining the certificate of "Pupil Ambassador Scheme on Positive Living"

Ms Chan Wai Ming

'Let no one make little of you because you are young.' (1 Timothy 4:12). I believe every student has his or her talent and value. The Pupil Ambassador Scheme on Positive Living was formed to recruit potential students who are then trained to be leaders. A day camp and a visit were held for preparing the students, and two workshops were held for 10 students from S.2 and S.3 to learn how to organise an activity. These programmes broadened their horizons, and I found that each of these ambassadors has a unique character and passion. They organised two activities for S.6 and S.1 students to encourage them for the DSE and the 2nd term uniform test respectively. I was so impressed that their talents in music, leadership, and delivering speeches. Not only has the value of positive living been promoted, S.1 and S.6 students were encouraged to do their best. The most important thing is all pupil ambassadors have proved that 'We can do it!' I am proud of you, and I hope that all of you will join different school service teams and be a good leader.

Blessings to S.6 students

3D Lam Hoi Ting Jeanny

After joining the Pupil Ambassador Scheme on Positive Living, I have learned many things and broadened my horizons. We visited some places that most of us might not have a chance to visit. These experiences left me with some really strong impressions and good memories.

I remember the first time we went out was to visit the Chinese YMCA of Hong Kong New Territories Centre. There were many pupil ambassadors coming from the other schools including primary and secondary schools. We spent a day with them and played a lot of games like moving a water bucket just using ropes and building paper towers. While playing these games, we faced many difficulties, but we solved them in the end. Those difficulties taught us that team spirit was really important.

The experience at the Chinese YMCA of Hong Kong New Territories Centre was great but the most interesting one was visiting the Correctional Services Museum and the Pak Sha Wan Correctional Institution. The Pak Sha Wan Correctional Institution is a jail for prisoners. In order to let us experience life as a prisoner, we had a court simulation. First, we were escorted to a small mock court to judge our case of drug selling. After being judged, we were taken by the police and put into a police car. We were moved to an old institution and started our life as a 'prisoner'. The first thing we did was having a body check to confirm that no dangerous belongings and drugs were brought in from the outside. Then, we visited the place where prisoners sleep. It is impossible to sleep well at night since a prisoner needs to keep lying in the same position and the beds are as hard as rocks. Prisoners' lives there are hard. I learned that we should be thankful for the things we have.

During those experiences, I had good memories with my teammates. Also, I learned to bring optimistic energy to others which will give joy to all.



Workshop about 'How to plan an activity'



Junior form students cheering for S.6 students

3A Chan Chi Fung

I am a member of Ambassador Scheme on Positive Living. My intention is to let my fellow schoolmates acquire a positive attitude towards life and enhance positive growth. During the scheme, I have learned more about positive life and the meaning behind everything. There were a lot of unforgettable memories.

I remember that in November our team went to Chinese YMCA of HK New Territories Centre. First, we had some warm-up games with other students who came from other schools. Then, we had to form groups. Before I went, I thought it would be very difficult because I felt bashful. However, other students from different schools were very enthusiastic, and they didn't mind making friends with me. I was moved by their kindness. After that, we played games with each other, such as putting a full water bucket into the centre of a big square using only a cord. It was a perplexing problem, but it could train our team spirit and at last, we did it!

In February, we visited the Correctional Services Museum and Pak Sha Wan Correctional Institution. There were over 600 exhibition items such as staff uniform, accoutrements, and home-made weapons. Also, there were two mock cells as well as a mock guard tower on the top of the building. It was a memorable experience. After visiting the museum, we went to the Pak Sha Wan Correctional Institution. The feeling that it gave me was completely different. It felt very solemn. We couldn't bring our phone into the cell. Then, we had to undergo the experience of being a prisoner to do what they have to do every day such as foot drills, legal sanctions, etc. Although it was very tiring, it was a fruitful experience for me. Also, it reminded me not to go to jail.

During the scheme, I have met a lot of new friends. Also, I have learned more about team spirit. I am grateful for being invited by Miss Chan to join this scheme. It was a special experience for me.



The Correctional Services Museum



Visiting the Correctional Services Museum



Visiting the Ma Hang Prison



Moving water-melon ball game at Chinese YMCA of HK New Territories Centre



Pretending to be a prisoner in Ma Hang Prison



Moving water bucket activity at Chinese YMCA of HK New Territories Centre



Sharing about the meaning of 'Positive Living'

MORAL & CIVIL EDUCATION

S.2 AND S.3 LEADERSHIP TRAINING SCHEME

中二及中三領袖訓練計劃

Learning to stick together as a team

Dates: 23.1.2018 – 18.7.2018

Venues: ILC & Po Leung Kuk Jockey Club

Tai Tong Holiday Camp

Organising body: ILC DGC

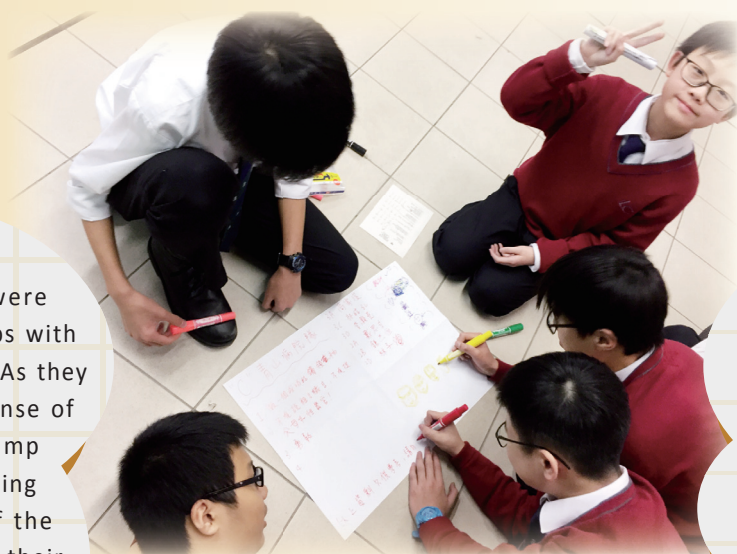
Participants: 39 S.2 - S.3 students

Teachers involved: Mr Tam Yu Chau, Mr Leung Kwok Hung,
Mr Leung Chi Hung (Social Worker)



Mr Leung Kwok Hung

The programme aims to offer a series of training sessions for S.2 and S.3 boys in order to enhance their character and prepare them to serve the school and society in future. The contents of this programme include deeper self-understanding, self-admiration, effective communication, and problem-solving techniques. Students were required to attend five workshops to establish closer relationships with each other and complete some assigned tasks before the camp. As they tried to solve problems and difficulties, they developed a sense of cooperation and trust between one another. Joining the camp could be quite challenging for them since it is more demanding and requires more emotional control. As a result, most of the students had a memorable experience. They also achieved their goals through working in teams. Perhaps, some students may initially fear to join this scheme, but for those who joined, they had a very fruitful experience.



Cultivating team spirit



3C Lam Ho Wang Harold

In this enjoyable camp, I experienced the joy of being a leader. Being a competent and responsible leader, I led my team in games. During the camp, the friendship between my teammates and I was enhanced.

For me, the most unforgettable experience was climbing the 6-meter rope in the course. During the climb, I helped a groupmate overcome his fear of height. I encouraged and consoled him. It is a delight for me to be able to enhance his courage.

Besides, our groupmates became friends. We even opened a WhatsApp group to chit-chat with each other. This camp helped me to find my courage to become a leader. It was a fruitful and unforgettable experience!



Students challenging themselves with innovative ideas



2C Ng Yui Shing

In the S.2 and 3 Leadership Training camp, I learned how to collaborate with others. Also, when we faced difficulties or differences in ideas, we were able to solve them through close communication and teamwork. After that, I believe my leadership skills have improved. I hope that I can contribute to my school by becoming a great leader.



Pretending to be blind

3D Chan Kei To

This camp meant a lot to me. Through the games and activities that required a good amount of teamwork, I've learned that I should collaborate and communicate with my teammates closely and frequently in order to boost team spirit. Also, with good planning and the exchange of ideas, I have gained a lot of new knowledge in different aspects, such as mathematics and political issues. Most importantly, this camp greatly boosted my confidence in communicating with others.

3D Wan Ching Hin

After the leadership training this year, I have learned that I actually have a purpose not only in my life, but in other people's lives too. The leadership training this year is very different from the one I attended last year. It is mainly because as an S.3 student this year, there are some other students who have less experience than me and needed my help. It made me feel important and useful. Unlike last year when I was just listening to the senior students' commands and followed them, this year, I can make the commands myself like a real leader.

Brave students volunteering to go first

2C Yau Chung Yui

After joining this camp, not only have I gained a lot of good memories, I have also learned how to lead others. I upgraded myself. Now, I know how to plan well and be considerate to the others. It helped me to contribute more effectively to a team. I hope I can join this excellent camp again and improve myself further.



Sense of achievement



No one can succeed without your teammates



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